

# guide

BLOOD SWEAT  
FEARS

Alan Ball's True Blood leads our summer of killer TV

## events

### Surfari Swell fun for the family

#### SWANSEA

#### Caswell Bay, Gower Peninsula

There are lots of surf beaches that come and go depending on swell. This bay has smaller waves which work on all tides - perfect for learning.

The Junior Surfing Academy ([surfgsd.com](http://surfgsd.com)) offers lessons from £20

#### CORNWALL

#### Sennen Cove

Beautiful village, just around the corner from Land's End, with two surf schools and beginner-friendly waves. For non-surfers it's also one of the best areas for seal and dolphin spotting.

[sennen-cove.com](http://sennen-cove.com)

#### NEWQUAY

#### Fistral Beach

An easier, cheaper and safer starting point for learning to surf is bodyboarding and this beach, in Britain's surfing capital, provides the best local spot.

[robbarber.com](http://robbarber.com) offers lessons from £30

#### SCOTLAND

#### Belhaven

Scotland has some of the best and fiercest surf spots in the UK - Belhaven's a quieter place to start. Coast to Coast Surf School offers lessons for the over 7s and, for the more adventurous, tours of the coastline.

[c2csurfschool.com](http://c2csurfschool.com)

### Wet Sounds On tour

Working on the simple principle that things sound very different underwater, this audio art tour is enjoying its second summer of bringing the arts to swimming pools, where culture is normally something itchy you take home on your feet. This year's work - by artists including Sam Saem,



Hildegard Westerkamp, Mark Vernon and Eric DeLuca - has been inspired

by film, and will be into pools so swimmers are literally immersed in the sound. 14th Arron Pictou Pool, Liverpool Sat; Batley Baths, Felling Pool, Gateshead Mon; Carlisle Pools Tue; Portobello Pool Edinburgh, Wed; Narn Leisure, The [wetsounds.co.uk](http://wetsounds.co.uk)

### Trans Belfast

Belfast's contemporary music and arts festival again showcases local talent alongside international acts - appearing this week are Brooklyn duo Telepathic and electro punk Ebony Bones (pictured) - while aiming to inspire creativity. Next Sunday's Black Market offers an array of independent DIY goods, and Urban Arts Academy helps you get crafty through courses



to turn casual cartoon doodling, picture-snapping and spray-painting into bona fide

professions. Various venues, call 028 9033 4444 [transbelfast.com](http://transbelfast.com)

### Tewkesbury Medieval Festival Tewkesbury

A great event where you can take the kids to get a little bit of history education when they really think they are just watching some fighting, this festival is the largest of its kind in the UK, bringing together 2,000 historical re-enactors. The atmosphere over the weekend is very much that of a medieval



fair, though there is plenty for the serious history buff too, with battlefield walks on

the site of the battle of Tewkesbury when you are up for a fight later in the day. These are what most people see, though, and re-enactment as well as the abbey on the Fields of Lincoln Lane, Gloucestershire Sat & Sun, [tewkesbury-medievalfestival.com](http://tewkesbury-medievalfestival.com)